

Before Your First Meeting

Hinge Moments

One of the most powerful things God gives each person is their story. Your story is unique to you, and when you leverage your story, it can be a tremendous blessing to you and those around you.

The problem is that though every person has a unique story, few have slowed down to see how God has been active in the high points and hard times. God has been writing a story in your life; the question is if you will connect your story to God's mission.

In order to do that, every believer must be able to articulate how God's story (the Gospel) has changed their story. Before your first Discipleship Group meeting, take time to reflect on the questions below and complete the exercise on page 7.

In the first section, identify Hinge Moments in your life. A Hinge Moment is an experience or season of time that has changed the trajectory of your life. Write down 10 "High Points" (times of success or joy) that you can think of throughout your life. Then, write 10 "Hard Times" (times of failure or grief) that you can think of throughout your life.

HINGE MOMENT REFLECTION QUESTIONS

1. What are my truly formative experiences in life—that is, what has made a lasting impact?
2. Is there any common thread to my experiences?
3. Why do I do what I do vocationally? Did one person or event significantly determine this?
4. Who are my most meaningful friends?
5. Who taught me how to live? How am I learning to live like Christ?
6. How has God's grace been revealed in my life?
7. How does my unique story bring God glory?
8. What would my life be like without God?
9. What may God be preparing me to do in my life?

HINGE MOMENTS LONG LIST

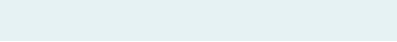
TOP 10 HIGH POINTS


TOP 10 HARD TIMES

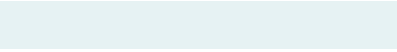
Once you have listed these moments in your life, star the six most significant “Hinge Moments” (high or hard) for your life.

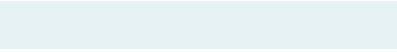
TOP 6 HINGE MOMENTS

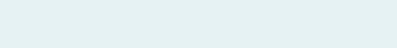
Now that you have your six “Hinge Moments,” place them in chronological order in the boxes below.

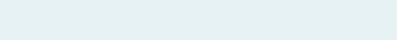
1 

2 

3 

4 

5 

6 

1. Think on each of these moments. Why did you choose these six? What impact did they have on your life?
2. As you look at your story, how have you seen God active in the high points and hard times?
3. What is the biggest thing you have learned from this exercise?